

# Service Definitions

Activity of Daily Living	Definition
Bathing	Assisting with hygiene/washing in a bathtub, shower or by sponge bath, providing oral care and grooming
Dressing	Putting on or taking off items of clothing, braces, TED hose or artificial limbs, assisting with fasteners including buttons, zippers or tying shoes
Transferring	Assisting with getting in to or out of chair, wheelchair or bed, or assisting with a lift chair or using a Hoyer Lift
Contenance	Assisting with personal care due to incontinence including: changing adult diapers, hygiene or assistance with bedside commode, urinal, catheter or ostomy care
Toileting	Helping get to and from the toilet, on and off the toilet and performing personal hygiene when using the toilet
Feeding	Putting food or liquids into client's mouth.(This does NOT include meal preparation or cutting food for client.)

Type of Assistance	Definition
Hands-on Assistance	<b>Physically helping a</b> client to complete an activity. Client is not able to complete activity without your help.
Stand-by Assistance	<b>Standing within arms reach of client but without touching client</b> in order to prevent injury while performing activity. May include directing client as to how to do task.

Cognitive Impairment	Definition
Cognitive Supervision	Providing supervision due to Alzheimer's or memory impairment to ensure the safety of client. This is not companionship or friendly visitor.

Other Services	Definition
Mobility/ Ambulation	Assisting client to move about their home with or without equipment or assisting client move outside their home
Homemaking/ Laundry	Providing assistance with housework, dishes, making bed, client's laundry, tidying up, taking out trash, cleaning up bathroom after bathing
Companionship	Spending time with client providing friendship or fellowship
Meal Preparation	Preparing light meals, reheating meals, cutting up food for client, offering liquids
Medication Management	Reminding client to take medication at specified times, bringing medication cassette to client, opening medication bottles, administering medications (if appropriate), assisting with blood sugar monitoring and insulin
Shopping/ Errands	Performing errands for client, shopping for food, picking up prescriptions, mailing packages
Transportation	Accompanying a client to medical appointments via public or private transportation, driving client (if appropriate) to destination.
Phone	Assisting client to use their phone including: dialing a number, answering the phone, holding the phone and disconnecting a call.
Money Management	Assisting client to pay bills, banking transactions, write checks

Mileage	Definition
Mileage	Only submit mileage where you have already agreed in advance with your client that you are to be reimbursed. Enter a whole number of miles traveled during that shift.

